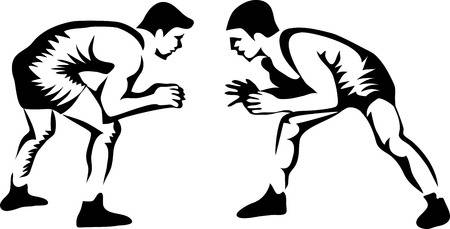
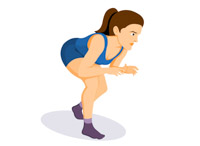
SARNIA BLUEWATER WRESTLING CLUB

YOUTH WRESTLING 2023 Season

For Boys and Girls

Wrestling. The World’s oldest Sport.

Training Times: **Sessions Start January 19, 2023**

Grades 1-6 Tuesday and Thursdays 6:30 to 7:30

Grades 7-8 Tuesday and Thursday 7:30 to 9:00

Location: St Patrick’s Catholic HS in the Cafeteria

Cost: $ 150 Includes membership to Sarnia Wrestling Club and the Ontario Amateur Wrestling Association, T-Shirt and Awards

**Our coaches are certified through the Coaches Association of Canada and Sport Canada**

For more information:

John Burke Coach: St Patrick’s HS and Sarnia Wrestling Club

[john.burke966@gmail.net](mailto:john.burke966@gmail.net) 519 466-7403

Jeff VanderSlagt Youth Head Coach: Sarnia Wrestling youshouldwrestle@gmail.com

See us on Facebook: Sarnia Bluewater Wrestling Club

[www.sarniawrestling.ca](http://www.sarniawrestling.ca) 