



# Sarnia Invitational Wrestling Tournament

Date: **Saturday January 16, 2016**

Location: St Patrick's Catholic HS (formerly St Christopher Catholic HS)  
1001 The Rapids Parkway Sarnia, Ontario N7S 6K2

Start Time: 9:30 a.m. on four mats to conclusion.

Eligibility: Wrestlers currently enrolled in high school.

Divisions:

1. Novice Boys
2. Open Boys
3. Novice Girls
4. Open Girls

Novice is grade 9 or 10 in their first year of competitive wrestling.  
Tournament size is capped 300 wrestlers.  
Coaches can reserve their spot with expected numbers by January 9, 2016



Weight Classes + 1 kg allowance.

Boys: 38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95 kg, 130. Plus 1 kg.

Girls: 38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 115. Plus 1 kg.

Match time: 2x 2 min periods.

Draw: Double elimination or round-robin for weight groups five or less.

Entry fee: \$15.00 per wrestler. Please make cheques payable to Sarnia Wrestling. Entry fees to be paid prior to start time. Receipts will be available.

Awards: Medallions to the top 3 competitors in each weight class. Top four placings to count towards team score (1st - 10 pts, 2nd - 7 pts, 3rd - 5 pts, 4<sup>th</sup> - 3 points).

Weigh-ins: Coaches will weigh-in own team at their site and e-mail entries by deadline, Wednesday Jan 13, 8:00 pm. The draw will be final by Friday Jan 15, 8:00 pm.

Entries must use the attached spreadsheet entry form:

1. Coach/Supervisor's name, team, and contact info (your phone number).
2. Wrestler's name division and weight class, e.g., Novice Boys 38 kg.
3. Email entries to **john.burke966@gmail.com**

Red-dot Weight Check: There will be a random red-dot weight check for this tournament. An athlete with a red-dot beside their name on Wall chart must weigh-in for random weight check as per OAWA guidelines.

Draw confirmation: Coaches are to check the draw by 8:30 am Saturday for any errors. "No shows" will be treated as scratches. No changes to the draw after 8:45 am (Pairing master's discretion).

Coaches meeting: There will be a coaches information meeting 9 am after final draw confirmation.

Trainer: There will be a trainer on site. Those requiring taping must bring their own supplies.

Hospitality Room: There will be a hospitality room for coaches, officials and volunteer staff.

Skin check: Coaches or medical personnel are to conduct a skin-check of all team members at home weigh-ins. Any wrestler with a skin rash/lesion or condition will not be permitted to compete. The tournament convener has the authority to pull any wrestler out of the tournament (before or during) if he suspects any skin condition on any wrestler. Skin checks will be conducted on mat during the first round of matches.

Results Results will be posted on: [www.sarniawrestling.ca](http://www.sarniawrestling.ca)

Concessions Food and refreshments will be available for purchase all day.

Hotel Information is available at: <http://www.tourismsarnialambton.com>

Send Entries to John Burke john.burke966@gmail.com

Contact John Burke 519 466-7403 cell